

FOR EXCESSIVE URIC ACID TRY THE WILLIAMS TREATMENT 75 Cent Bottle (32 Doses) FREE

Just because you start the day worried and tired, stiff legs and arms and muscles, an aching head, burning and itching pains in the back—none of these things are due to uric acid. Do not think you have to stay in that condition.

Be strong, well and vigorous, with no more pain from stiff joints, sore muscles, rheumatic aches, aching back or kidney trouble. If you suffer from bladder weakness, with burning, scalding pains, or if you are in and out of bed half a dozen times a night, you will appreciate the rest, comfort and strength this treatment gives.

To prove the Williams Treatment conquers kidney and bladder diseases, rheumatism and all other ailments when due to excessive uric acid, no matter how chronic or stubborn, if you have never tried the Williams Treatment, we will give you one 75c bottle (32 doses) free if you will cut out this notice and send it with your name and address, and 10 cents to pay postage, packing, etc., to The Dr. D. A. Williams Company, Dept. N-744, General P. O. Bldg., East Hampton, Conn. Send at once and you will receive by parcel post a regular 75c bottle without charge and without incurring any other obligation. Only one bottle to the same address or family.

LAND! LAND!

BIG MONEY in grain, live stock, fruit, wood land, \$15 to \$50 per Acre. Terms, Markets, schools, churches. Free information. Farm advisors. No swamps or stones. 10 to 100 A. Best of land. Write SWIGART LAND CO., 11250 First Nat'l Bank Bldg., Chicago, Ill.

INTERNAL IRRIGATION

Cures 90 per cent of all human ailments. Appendicitis, Auto-intoxication, Bladder Troubles, Biliousness, Constipation, Gallstones, Intestinal Worms, Kidney Trouble, Liver Trouble, Piles, Rheumatism, Sick Headaches, Ulcerated Bowels, Influenza and all Internal Ills and Bed Sickness. It removes all poisons from the system, keeps the system clean and healthy, is easy to use and gives quick relief to the sick. Sold on 30 days' trial for \$12.50 with the understanding if not satisfactory return to us in 30 days, send all remittance to Cauden National Bank, Lake Arthur, La. to be held by order of 30 days' trial. If you will send this clipping, try it, it will cost you nothing if you return it. **FOX and G. A. OZENNE, M. D., Box 187.**

RHEUMATISM RECIPE

I will gladly send any Rheumatism sufferer a Simple Herb Recipe Absolutely Free that Completely Cured me of a terrible attack of muscular and inflammatory rheumatism of long standing after everything else I tried had failed me. I have given it to many sufferers who believe their cases hopeless, and they found relief from their suffering by taking these simple herbs. It also relieves Sciatica promptly, as well as Neuralgia, and is a wonderful relief from a sufferer who is unable to get out of bed. Write to me for this recipe. I will send you a copy of this recipe absolutely free. I will send you a copy of this recipe absolutely free. I will send you a copy of this recipe absolutely free. **M. A. SUTTON, 2656 Magnolia Ave., Los Angeles, California.**

Cured His RUPTURE

I was badly ruptured while lifting a trunk several years ago. Doctors said my only hope of cure was an operation. Trusting did me no good. Finally I got hold of something that quickly and completely cured me. Years have passed and the rupture has never returned. I am doing my housework as a career. There was no operation, no loss time, no trouble. I have nothing to sell, but will give full information about how you may find a complete cure without operation, if you write to me, Eugene M. Pullen, Carpenter, 518-B Marcellus Avenue, Manhattan, N. J. Better cut out this notice and send it to any other who are ruptured. You may save a life or at least stop the misery of rupture and the worry and danger of an operation.

No More Getting Up Nights!

Bladder Weakness Quickly Corrected by Recent Scientific Discovery In Old and Young.

50 Cent Package Free

What a wonderful comfort to sleep all night and not get up at least once, and maybe six or eight times, every night because of bladder weakness. Have you forgotten what the sleep of an unbroken night of untroubled sleep is like?

"Cool But I Hate to Get Up in the Cold This Way Every Night!"

Among the principal causes of this trouble is chronic enlargement of the prostate gland and bladder irritation and of these and of the scientific discovery upon which Kellogg's Brown Tablets are based, a noted medical authority says: "A symptomatic cure is usually necessary to relieve the frequent impulses to urinate and the recurring desire at night cases. Success with this salt is... have been had in men of sixty years."

Every man young and old should try this wonderful treatment. It works upon the bladder to correct the fault that is causing a host of men days and nights of untold misery.

Send coupon today, with six cents in stamps to help pay postage and packing for a free 50c trial box of Kellogg's Brown Tablets, to Frank J. Kellogg Co., 1832 Hoffmaster Block, Battle Creek, Mich.

FREE TRIAL COUPON

FRANK J. KELLOGG CO.
1832 Hoffmaster Bldg., Battle Creek, Mich.
Kindly send me, Free, a 50c box of Kellogg's Brown Tablets. I enclose 6c in stamps to help pay postage and packing.
Name.....
Street.....
City..... State.....

When answering advertisements please mention The Menace.

Mrs. Wilson is quoted in late dispatches as having made casual remarks in praise of the Knights of Columbus work among soldiers abroad. Undoubtedly she has made similar and probably more enthusiastic remarks regarding the Y. M. C. A., but we have failed to see any mention of it in the press. When every casual remark favoring the Knights, and all remarks that reflect on the Y, get wide circulation through the press while hearty praise to which the Y is entitled is censored, people can be pardoned for believing Rome is at the bottom of it.

SINN FEIN BELIEF AND ITS PRACTICE

Sinn Fein, What It Is For—What It Does, and How It Does It

Up till a couple of years ago the Irish agitators have stood out for home rule; that is to say, autonomy within the empire. That is now known to the discard. The clamor now is for absolute disassociation from the empire. It is made, too, in the face of the facts, that there is a minority, the best element in Ireland, which will die in their tracks before they will submit to this expulsion from the empire, in which they are prosperous, content, and happy.

The agitation for this independence is founded, fostered, and manipulated by the Sinn Fein. The Sinn Fein makes this declaration:

"SINN FEIN comprises in its following 90 per cent of Nationalist Ireland, that is 80 per cent of the whole population of Ireland."

"SINN FEIN has a president, an executive council and a national assembly of 142 delegates."

"SINN FEIN is now recognized and obeyed by 90 per cent of Nationalist Ireland as the existing provisional government of Ireland."

"SINN FEIN prevails, no English law or regulation is recognized in National Ireland excepting under military compulsion."

"SINN FEIN, exercising the right of a sovereign state raises and maintains Volunteers in a military force to be empowered only in self-defense, as a final resort against compulsion from alien sources."

"SINN FEIN has an organization of 2,500 branches (one to every 12 square miles), knitting together all Ireland."

Question: What has been the attitude of this Irish party towards our ally during the dark days of the war? Answer: Roger Casement—secret Irish dealings with Germany—the necessity of maintaining a standing army in Ireland all through the war.

In this connection it is not wide of the mark to quote Von Bernhardt in a statement made a little before the declaration of war: "It is not without interest to know that if it ever comes to be war with England, Germany will have allies in the enemy's camp itself and are resolved to bargain, and at any rate will constitute a grave anxiety for England and perhaps keep fast a portion of the English troops." The attitude of Sinn Fein is seen in the fact that when in the darkest hour Great Britain, her back to the wall, was nearly whipped to her knees, Sinn Fein would not volunteer, but through the founder of the Sinn Fein officially declared in Tipperary: "If England tomorrow attempted compulsion this we would say, that we would sooner see every man in Ireland dead on the hillsides of Flanders and Mesopotamia (tremendous cheering)." There is also this incidental evidence of the attitude of this party towards the Allies: they stoned our American sailors in the streets of Cork. And these are the men who are putting pressure on the president of the United States—Central Christian Advocate.

Another Way to Help

You spend a certain amount of money for printing and we are prepared to give you just the kind of printing you are looking for—the best there is. Why not spend your money where it will do the most good and help to further the cause of democracy? Buy from us some of the things you must of necessity spend money for, and pay no more for them. This is a matter of grave importance and worth considering. You are interested in this movement and it is your duty to lend all the assistance possible. It takes a certain amount of revenue to keep this plant in operation, and every cent that accumulates above the actual expenses and upkeep of the plant goes into a fund used for propaganda purposes—to help thwart some of the pope's plans in our own fair land. Give us all the aid possible; spend your money where it will help to further those principles of democracy voiced in the Declaration of Independence and enunciated in the constitution.

December 25, 1891, the pope flayed Masonry in his encyclical letter as follows: "Permit us then to point to Masonry as the enemy at once of God, the church and our country. It is not enough to be on the defensive toward it, but we must go courageously into the arena and meet it, by opposing press to press, school to school, association to association, congress to congress, action to action." Here is a challenge to Masons. Shame on the Masons who weakened and tamely submits to the papal boycott. Get busy men! The framers of the Declaration of Independence were Jefferson, Franklin and Paine. Two were Masons. Of the 56 signers to this immortal document two-thirds were Masons, with only one lone Roman Catholic. Keep the record straight. Who were the patriots?

Rome says that to eliminate the use of foreign languages in parochial schools is an attack on her religion. Oh Lord, how long?

Evils of Creelism In Peace Conference

IMMEDIATELY after our country entered the world-war, steps were urged by the national administration to curb the public press and punish those who might express views about the war and politics not in accord with those of the administration. Led to believe that such autocratic measures were necessary to make the world safe for democracy, congress promptly enacted the legislation so demanded, and the new laws were enforced with a rigor that incurred the disapproval of many patriotic citizens.

Under the policy thus pursued, the people were not permitted to know important facts concerning the war, and, in consequence, many things were done or permitted or neglected that may be investigated by the congress that comes into being in March. It would have been infinitely better for the administration, as well as for the people, to let those who were providing the requisite men and money for the war know the whole truth.

A hundred million citizens were as honest and patriotic as those officially connected with the administration. Many of them were making even greater patriotic sacrifices. But the only information they were permitted to have or discuss was such as the administration itself doled out to them in official bulletins published by the government bureau which was directed by George Creel, a typical administration politician. Much of that information is now known to be untrue.

The first opportunity the people had to express their opinion of this system without danger of severe punishment was at the ballot box last November, and they left no room for doubt as to their attitude. In his remarkable appeal to the people shortly before the election, President Wilson said the return of a Republican majority to either house of congress would be interpreted by him and by peoples abroad as a repudiation of him and his administration. The voters answered that appeal by substantial Republican majorities in both houses of congress.

In that appeal he asked the people to return Democratic majorities to both houses of congress in order to make him the "unembarrassed" spokesman of this great nation at the peace conference. The answer of the people was unmistakable. In spite of their emphatic refusal, however, the president appointed himself and a group of his official subordinates to represent America in the great assembly. On the eve of his departure for Europe his administration seized the transatlantic cables, and the omnipresent Creel accompanied him.

Returning to Paris from his secret interview with the pope, our

By GILBERT O. NATIONS,
President of the Peace Conference,
52 Blue Bldg., Washington, D. C.

president met the delegations then gathering to reconstruct civilization. To the amazement and consternation of patriots in this country, it was then announced that the sessions of the great world conference would be secret, and that the public could have no information except that given out officially by a daily communique. This arrangement was so perfectly identical in spirit and method with the Creel official bulletins which the people had condemned in the general election that it seemed to be merely an extension of the Creel system from America to the world.

But the tide of popular indignation was promptly met with the assurance that the president was opposing with might and main this world edition of Creelism, and that others were establishing it over his earnest protest. With some hesitation the people accepted this assurance in the belief that others were fastening the Creel system in the conference. Rumor intimated that the Clemenceau government of France was in large measure responsible for placing the shroud of secrecy about that great assembly.

But it was the French government that punished with death the secret treason of Bolo Pasha. It is France that has washed her hands of secret intrigue by expelling from her bosom the Jesuits who are the supreme masters of secret and sinister plots. It was the Clemenceau government that detected and foiled the covert understanding between Berlin and the vatican to send a German spy as papal nuncio to China.

On February 9, Premier Clemenceau gave to the press an interview wherein he lays before the world the very heart of the French nation. After paying tribute to the United States, he appeals for the adoption of adequate measures by the peace conference to protect France and the world from dark and hidden designs of the enemy countries who secretly are planning to resume the struggle for world supremacy at the earliest opportunity. In this interview he conceals nothing. His appeal is to the justice and humanity of all free peoples. It seems impossible to reconcile this frank and courageous appeal and declaration by the potential head of the French government with the thought that he is fastening the badge of secrecy on the peace conference.

A day or two later Alfred Capus of the French Academy published in the *Figaro* a statement commending the Clemenceau interview in very strong terms. The famous academician says:

Premier Clemenceau has never been more lucid or stronger than in

these declarations, which will have a considerable effect.

The Capus statement, which was republished in the *St. Louis Post Dispatch* February 11, says in part: President Wilson's position in our democracy is that of a magnificent sovereign, and it is extremely perilous. One has heard of no man in contemporary days who possesses more authority and more power. Popularity has given him what divine right did not always confer on hereditary monarchs. On the other hand, by the process of reaction his responsibility is greater than that of any absolute prince.

If Wilson succeeds in organizing the world according to his dreams, his glory will dominate the heights of glory. But it must be frankly said that if he fails he will plunge the world into a chaos of which Russian Bolshevism is but a poor image and his responsibility before the conscience of humanity will surpass that which can be borne by any ordinary mortal.

It is the international equivocation around President Wilson which fatally brings these thoughts. Equivocation is the only word for it. It consists in this: That our vanquished enemies appeal to his idea to contest the reality of our victory and tomorrow will evoke his name to refuse us its fruits.

The statement then complains of the policy of the American president which subordinates the making of peace to his phantom of a league of nations and thus delays the situation while the enemy is taking advantage of the delay to plan future military conquests and to organize and marshal the vast resources of Russia for that purpose.

Because of the Clemenceau interview and the open discussion of the conference and the conditions of peace by the French press, it is reported that the American delegates favor leaving France in order to hold the peace conference elsewhere. The Paris correspondent of the *New York Times* and the *St. Louis Republic* in a special cable February 10 makes the following initial statement of the situation:

The situation in the conference for peace has reached a pass where some plenipotentiaries believe drastic action is necessary to relieve it. I am able to say that the American, and I believe, the British delegation intend to propose that the conference be moved out of France on account of an intensive propaganda here which is construed as designed to delay the making of peace and obstruct generally the efforts to obtain a settlement that will restore a normal condition throughout the world.

The dissatisfaction is such that concealment is no longer considered wise.

France surpassed all other nations in her sacrifices to stem the onrush of the brutal soldiery of the autocrats. More than a million of her brave soldier boys sleep in the soil they died to save. French valor was one of the marvels of the war. It was scarcely equaled save by our own brave heroes. It could not be surpassed. The terrible devastation wrought by the Hun has

Protestants, Do You Know Your Strength?

IN answer to the inquiries of many of our readers who desire to know the relative strength of the various religious denominations or sects, in the United States, we reprint the following statements—which are, undoubtedly, absolutely reliable.

The first is from *The Christian Evangelist*, of St. Louis, Mo., and gives a summary of the conditions of the churches on January 1, 1918:

According to Dr. H. K. Carroll, in *The Christian Herald* in 1917, there was a net increase of 573,295 in American church membership, of which the Roman Catholics claimed 175,000. Total membership, January 1, 1918, all churches, 40,515,128, divided as follows: Baptist (13 bodies), 6,442,393; Catholics (3), 14,663,342; Lutherans (18), 2,460,937; Methodists (16), 7,782,018; Presbyterians (11), 2,225,879; Disciples of Christ (2), 1,396,468; Protestant Episcopal (2), 1,083,566; Reformed (4), 1,041,061; Eastern Orthodox (7), 490,500; Mennonites (12), 66,542; Friends (4), 119,263; Dunkards (4), 128,363; United Brethren (2), 867,959; Adventists (6), 117,569; Evangelical Association (2), 209,483; Scandinavian Evangelical (3), 62,900; Latter Day Saints (2), 426,000.

Ministers, 181,808; churches, 226,609.

VALUE OF CHURCH PROPERTY IN UNITED STATES

According to the United States Census Bureau, the value of church property in the United States in 1906 was as follows: Protestant—Adventists, \$2,425,209; Baptists, \$139,842,656; Christians (Christian connection), \$2,740,322; Church of Christ Scientists, \$8,806,441; Congregationalists, \$83,240,395; Disciples or Christians, \$29,995,816; Dunkards of German Baptist Brethren, \$2,062,532; Evangelical, \$3,999,979; Friends, \$3,857,451; German Evangelical Synod of North America, \$2,276,402; Independent churches, \$3,934,267; Lutherans, \$74,826,289; Mennonites, \$1,237,134; Methodists, \$229,450,996; Presbyterians, \$150,189,446; Protestant Episcopal Church, \$125,040,489; Reformed, \$80,648,247;

Unitarians, \$14,268,277; United Brethren, \$9,073,791; Universalists, \$10,575,656; Other Protestants, \$14,616,264; total Protestants, \$935,942,578. Roman Catholic church, \$292,638,787; Jewish congregations, \$23,198,925; Latter Day Saints, \$3,168,548; Eastern Orthodox churches, \$964,791; all other, \$1,662,238; grand total, \$1,257,575,887.—From *The World*, 1919, Almanac.

These figures were revised May 1, 1918, and given in the statement below, reproduced from *The Northwestern Christian Advocate*:

FINAL CHURCH FIGURES

The Bureau of the Census at Washington has issued a revision of the statistics which it published last May and the complete returns of the investigation into the strength and activities of the churches are now available. The total number of church members is 41,926,854, of which number 15,721,515 are Roman Catholics. The bureau calls attention to the fact that the Catholic total includes all baptized children of the Catholic faith, which is not the custom of Protestant churches in announcing their membership figures. The number of ordained ministers is 191,726; church organizations, 227,487; Sunday schools, 194,757; officers and teachers, 1,952,681; scholars, 10,935,890. During the year 1916 the churches spent for upkeep and benevolence \$328,809,990. Of this amount the Methodist church spent \$44,000,000, the Presbyterians (U. S. A.) spent \$30,000,000, and the Protestant Episcopal \$22,000,000.

Our only comment is to point out that the figures given of Catholic membership, include all of their population and that all Catholics are listed as members of the church, whether they observe the church ordinances or not, no matter what kind of a life they may live.

Protestant denominations are more strict, generally speaking, requiring assent to certain formulated expressions of belief, or statements of creed, and hold their

membership to more or less strict observances of defined standards of life and morals.

These, alone, and not baptized children, are included in the figures given as to the membership of the Protestant churches. Beyond these the Protestant strength includes a vast population probably three times as great in numbers as the total of communicants in the Protestant churches, who are theoretically Protestants in all matters differing from the Roman Catholic church, who are irrevocably opposed to a union of church and state, who are committed to the cause of the public school, who are more or less identified in ties of relationship to the Protestant membership, and whom Rome must eventually reckon with in its assault on American institutions. Upon the basis on which Catholic membership is figured, either the Methodist or Baptist churches would far outstrip the Catholic church, while the other Protestant denominations would show a strength, which if he could comprehend it would open the eyes of the most bigoted Romanist.

As it is, the schemers of the Catholic church in their efforts to destroy the old time America with its cherished institutions, are playing with edged tools which may cut their own fingers, and fanning fires which may destroy their own works.

We wonder if it ever occurred to the politicians who pander to the Romanist vote, that there is such a majority of the people outside the Roman church, that it could not carry a single large city of the United States on a test vote, or even a city of the second class in size, except one hopelessly populated by a foreign immigration like Fall River, Mass.

left much of northern France a desolate ruin.

That is the chivalrous republic which refuses any fellowship with the popery that has been its ruin more than a thousand years, that forced it into the awful convulsions of the French Revolution, that said through an American cardinal recently that France must be beaten to her knees, that now deluges that nation with vials of papal wrath for expelling the Jesuits. It is that heroic nation that seconds Italian determination to keep the pope out of the peace conference. A decade ago France separated church and state and severed diplomatic relations with the vatican.

From that liberty-loving republic press reports say our delegates to the peace conference favor withdrawing because the premier and press speak out frankly on the mighty issues now before the world. It is safe to say the American people would disapprove such a course. Though denied a seat in the conference, the pope is suspected by many patriots with connivance at the friction between our delay gates and those of our sister republic.

But why not open up the peace conference? Let the people know the facts. If the deliberations are patriotic and unselfish, there should be nothing to conceal from the public. Let all its proceedings be conducted in the full light of truth, candor and publicity.

McLain Jones Bill Went to Engrossment Feb. 11

The McLain Jones free text book bill was also sent to engrossment in the Missouri general assembly Feb. 11. It was prepared by the late representative from Greene county. It provides that the state must supply free text books to all public schools, inclusive of high schools.

There is a provision in the measure requiring all school books to be printed in the English language.—*Springfield, (Mo.) Leader*, Apr. 12.

Are you a worker or a shirker in the great program for promotion of Americanism?

\$2.50

Sample Watch Free

Send for this free sample watch with instructions, at once and learn the true cause and cure of rheumatism. The true cause and cure of rheumatism were overlooked by doctors and scientists for centuries past, simply send a post card or letter to the author below, and it will be sent by return mail without any charge whatever. Send now! You may never get this opportunity again. If not a sufferer yourself, hand this good news to some afflicted friend. The author of this remarkable book that has brought relief and happiness to so many is H. F. CANNADAY, Hallowell, Maine, No. 27-K Street.

ECZEMA

Also called Tetter, Salt Rheum, Pruritus, Milk Crust, Water Poison, Weeping Skin, etc.

For fifteen years I have been treating one disease alone, ECZEMA. I have handled over one million cases. I do not pretend to know it all, but I am convinced the disease is due to an excess of acid in the blood, and closely related to rheumatism and cancer. This acid must be removed.

ECZEMA is called by some people Itch, Tetter, Salt Rheum, Pruritus, Milk Crust, Weeping Skin, etc. I am fully convinced ECZEMA is a curable disease, and when I say it can be cured, I mean just what I say—CURE—AND not merely patched up for a while to return worse than before. It makes no difference what other doctors have told you, or what all I ask is just a chance to prove to you that this vast experience has taught me a great deal that will help me today. If you will write me today I will write you a free trial of my mild, soothing, guaranteed treatment that will do more to convince you than I or anyone else could in a month's preaching. It's all up to you, if you either say "no" or "yes" and refuse to merely write to me for free trial, just blame yourself. No matter where you live, I have treated your patients. Merely dropping me a postal today is likely to give you more real comfort in a week than you ever expected to enjoy again. Do it right now, your very life may be at stake.

J. E. CANNADAY, M. D., 1301 Court St., Sedalia, Mo.

Refer to: Third National Bank, Sedalia, or ask your banker to find out about me. Send this notice to some poor sufferer from eczema. It will be a kind word by you.

Mother, Why Don't You Take Nuxated Iron

And Be Strong and Well and Have Nice Rosy Cheeks Instead of Being Nervous and Irritable All the Time and Looking So Haggard and Old?—The Doctor Gave Some to Susie Smith's Mother and She Was Worse Off Than You Are and Now She Looks Just Fine

Any Woman who Tires Easily is Irritable, Nervous and Run-Down, Should Take Nuxated Iron to Help Increase Her Health, Strength and Vitality.

"There can be no strong, healthy, beautiful, ray-shedded, without iron," says Dr. Ferdinand King, a New York physician and medical authority. "I have strongly emphasized the fact that doctors should prescribe Nuxated Iron—Nuxated Iron—for their nervous, run-down, weak, haggard-looking women patients. Pale means anemia. The skin of an anemic woman is pale, the flesh flabby, the muscles lack tone, the brain fails, and the memory fails, and often they become weak, nervous, irritable, despondent and melancholy. When the iron goes from the blood of women the run-down comes from their cheeks."

"In the most common foods of America, the starches, sugars, table syrups, candies, puddings, rice, white bread, soda crackers, cereals, macaroni, spaghetti, tapioca, eggs, farina, degenerated cornmeal, no longer is iron to be found. Refining processes have removed the iron of Mother Earth from these impoverished foods, and silly methods of home cooking, by throwing down the waste pipe the water in which our vegetables are cooked, are responsible for another grave iron loss. Therefore you should supply the true deficiency in your food by using some form of organic iron, just as you would use salt when your food has not enough salt."

Iron is absolutely necessary to enable your blood to change food into living tissue. Without it, no matter how much or what you eat, your food merely passes through you without doing you any good. You don't get the strength out of it, and as a consequence you become weak and irritable and sickly, just like a plant trying to grow in a soil deficient in iron. If you are not strong or well, you owe it to yourself to make the following test: How long you can walk of how long

Wanted To

Yet At 72 He Lives to Tell Wonderful Story!

"Eleven years ago I was in a hospital for seven weeks, at a cost of over two hundred dollars," says Mr. Wilson. "I could do that at 80, now I am 72." Mr. Wilson is only one of thousands who suffered for years, owing to the general belief in the old false theory that "Urlic Acid" causes rheumatism. This erroneous belief induced him and legions of unfortunate men and women to take wrong treatments. You might just as well attempt to put out a fire with oil as to try and get rid of your rheumatism, neuritis and like complaints, by taking treatment supposed to drive Urlic Acid out of your blood and body. Many physicians now know that Urlic Acid never did and never will cause rheumatism; that it is a natural and necessary constituent of the blood; that it is found in every new-born babe, and without it we cannot live!

It took Mr. Wilson twelve years to find out this truth. He learned how to get rid of the true cause of his rheumatism, and recover his strength and endurance from "The Inner Mysterium," a remarkable book now being distributed free by an authority who devoted over twenty years to the scientific study of this matter. And Mr. Wilson says: "Now I know, and I never can forget—the carrier left it in my box and I came near throwing it in the fire. But something prompted me to look it over. Thank God I did."

NOTE: If any reader of this paper wishes the book that reveals these facts regarding the true cause and cure of rheumatism, they were overlooked by doctors and scientists for centuries past, simply send a post card or letter to the author below, and it will be sent by return mail without any charge whatever. Send now! You may never get this opportunity again. If not a sufferer yourself, hand this good news to some afflicted friend. The author of this remarkable book that has brought relief and happiness to so many is H. F. CANNADAY, Hallowell, Maine, No. 27-K Street.

HARRY—Free photo beautiful ladies! description and directory! pay when mailed. New Plan Co. Dept. 14, Kansas City, Mo.

\$2.50

Sample Watch Free

Send for this free sample watch with instructions, at once and learn the true cause and cure of rheumatism. The true cause and cure of rheumatism were overlooked by doctors and scientists for centuries past, simply send a post card or letter to the author below, and it will be sent by return mail without any charge whatever. Send now! You may never get this opportunity again. If not a sufferer yourself, hand this good news to some afflicted friend. The author of this remarkable book that has brought relief and happiness to so many is H. F. CANNADAY, Hallowell, Maine, No. 27-K Street.

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Any Woman who Tires Easily is Irritable, Nervous and Run-Down, Should Take Nuxated Iron to Help Increase Her Health, Strength and Vitality.

"There can be no strong, healthy, beautiful, ray-shedded, without iron," says Dr. Ferdinand King, a New York physician and medical authority. "I have strongly emphasized the fact that doctors should prescribe Nuxated Iron—Nuxated Iron—for their nervous, run-down, weak, haggard-looking women patients. Pale means anemia. The skin of an anemic woman is pale, the flesh flabby, the muscles lack tone, the brain fails, and the memory fails, and often they become weak, nervous, irritable, despondent and melancholy. When the iron goes from the blood of women the run-down comes from their cheeks."

"In the most common foods of America, the starches, sugars, table syrups, candies, puddings, rice, white bread, soda crackers, cereals, macaroni, spaghetti, tapioca, eggs, farina, degenerated cornmeal, no longer is iron to be found. Refining processes have removed the iron of Mother Earth from these impoverished foods, and silly methods of home cooking, by throwing down the waste pipe the water in which our vegetables are cooked, are responsible for another grave iron loss. Therefore you should supply the true deficiency in your food by using some form of organic iron, just as you would use salt when your food has not enough salt."

Iron is absolutely necessary to enable your blood to change food into living tissue. Without it,